



Multisensory learning

Vision

Summaries; draw; colour

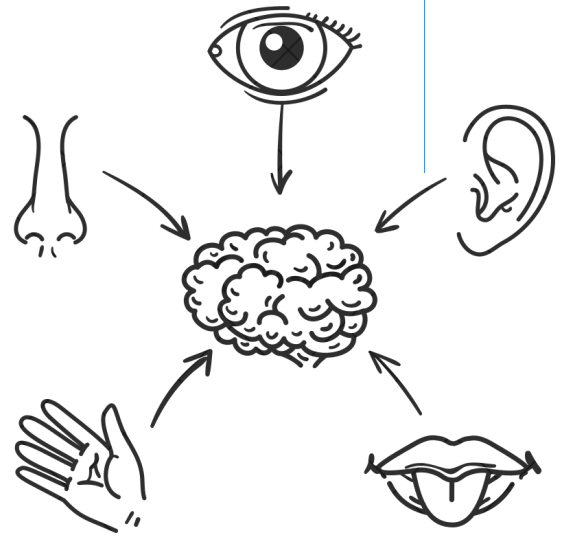
Hearing

Read aloud; "teach" pets;
Record yourself; Rhymes; Stories



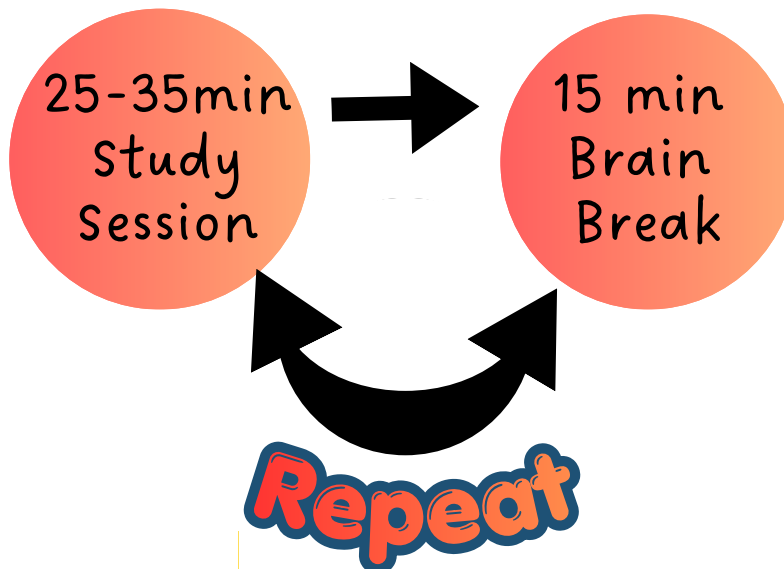
Tactile/Movement

Walking around; Stairs;
Yoga ball; Rocking



Pomodoro Method

This method helps
maintain focus!



No technology
during brain breaks!

What:

Bullets
Be SELECTIVE
KEYWORDS

Find:

1. Main Idea
2. Important detail
3. WHY matters

Summaries

**Summaries
are
NOT
xtra work!!**

How:

Eyes + Ears + Body
Use COLOUR
SIMPLE Pictures
Stories/Rhymes
ACRONYMNS
Keywords/SHORT
Bullet form
Abbreviate!

Sensoriese leer



Visie

Opsommings, Kleur, Prentjies

Gehoer

Lees/praat hardop; "leer" troeteldiere;

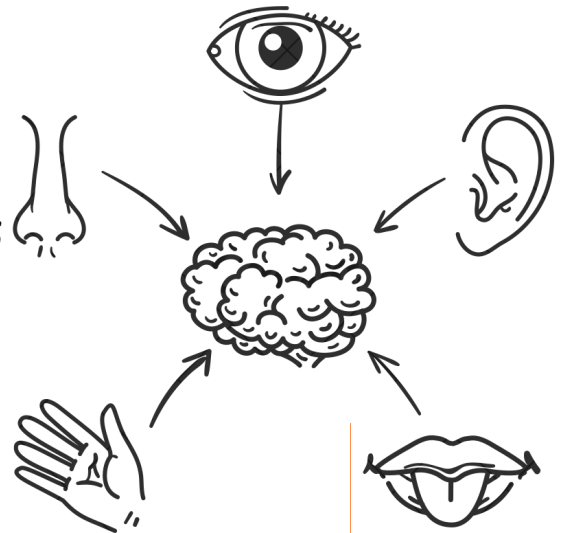
"Reord" jouself; Rympies; Stories



Tas/Beweging

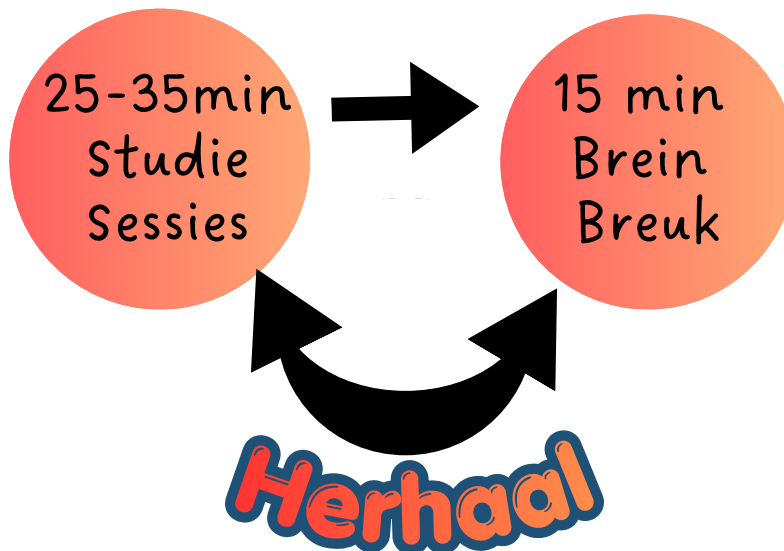
Loop rond; Trappe;

Sit op Yoga bal; Wieg



Pomodoro Metode

Die metode help
om fokus te behou!



Geen tegnologies tydens
brein breuke!

Wat:

Puntsgewys

KIES wat (nie alles)
SLEUTELWOORDE

Opsommings

**Summaries
are
NOT
xtra work!!**

Hoe:

Oë+ Ore + Lyf

Gebruik KLEUR

Eenvoudige Prentjies

Stories/Rympies

AKRONIEME

Sleutelwoorde/KORT

Puntsgewys

Afkortings!

Vind:

1. Hoof Idee
2. Belangrike detail
3. HOEKOM maak dit saak